

Running on Empty John 20:19-31

Seven things Jesus wants to do in your life this morning:

1. He meets you where you are.

"Fatigue makes cowards of us all." Vince Lombardi

"When I am afraid I will put my confidence in God. Yes, I will trust the promises of God." Psalm 56:3

2. He gives you encouragement

"Do not worry about anything, but pray and ask God for everything you need, always giving thanks. And God's peace, which is so great we cannot understand it, will keep your hearts and minds in Christ Jesus." Philippians 4:6, 7

Three types of people:

- Those who bring nothing to God in prayer.
- Those who bring some things to God in prayer.
- Those who bring everything to God in prayer.

3. He shows you His love

"God showed His great love for us by sending Christ to die for us while we were still sinners." Romans 5:8

4. He offers you forgiveness

"Happy is the person whose sins are forgiven, and whose wrongs are pardoned. Happy is the person whom the Lord does not consider guilty anymore." Psalm 32:1, 2

5. He fills you with His presence

When I am filled with God's presence:

- I stop feeling lonely.
- I produce spiritual fruit.

"The Spirit that God has given us does not make us timid. Instead His Spirit fills us with power, love and self control." 2 Timothy 1:7

6. He gives you a new reason to live.

"Go out into the world uncorrupted, like a breath of fresh air in a squalid and polluted society. Provide people with a glimpse of good living and of the living God. Carry the light-giving Message into the night. You must shine among them like stars lighting up the sky." Philippians 2:15

7. He helps you believe

Three positive things about Thomas:

- He was honest and open about his doubts

- Even though he doubts, he hangs out with believers
- When faced with reality he makes a decision

Suggestions for overcoming doubt:

- Look around at other believers
- Doubt your doubts
- Ask God to help you with your doubts